

2011 SUMMER PERFORMANCE TRAINING CENTER

THE RACQUET CLUB OF MEMPHIS

MORE BALLS * MORE HOURS * MORE COACHING

Junior Players and Parents:

We want to take this opportunity to inform you about the 2011 SUMMER PERFORMANCE TRAINING CENTER at the Racquet Club of Memphis. We truly believe this is a great part of creating the South's top junior tennis training center, furthering the growth of tennis in Memphis, and generating first class environments for local players.

Much time, effort, and thought has been put into, and continues to be put into, the preparation of this summer's activities. We believe that creating a competitive and fun environment at The Racquet Club for EVERY LEVEL JUNIOR is critical to each player's development. We want kids who start here as five-year old QuickStart players to have the opportunity to grow through the years here at THEIR CLUB, developing into HIGH SCHOOL PLAYERS, SECTIONAL CHAMPIONS, NATIONAL CHAMPIONS, and COLLEGE SCHOLARSHIP PLAYERS. Being able to spend a tennis career at the same hometown club, receiving a consistent coaching philosophy, and having all aspects of the game covered is such an advantage for RC juniors.

Some major highlights to consider when looking at participation in this one-of-a-kind program include:

AVAILABLE HOURS AND TIME ON COURT – We added hours from 51 hours in 2008 to 220 hours in 2010 for the top four groups, and in 2011, there are 230 available hours.

ALL PRACTICE NECESSITIES ARE MET THROUGHOUT THE SUMMER AND ARE BUILT AROUND RECOMMENDED TOURNAMENT SCHEDULES – The main areas of practice for the sport of tennis include ball striking/rallying, serve/return, match play, strength and conditioning, and individual development. All five components are necessary for the complete development of a player at any level, from high school tennis to professional play, in order to maximize potential.

COACHING VARIETY AND ACCESS TO COLLEGE COACHES as well as Mental Strength Coaches – The SPTC is hosting MULTIPLE GUEST COACHES throughout the summer to provide access to new ideas, techniques, and opportunities. These guest coaches, who are visiting on different days throughout the summer, include college coaches, college players, and touring professionals. Contacts have already been made with 5 guest coaches.

SCHEDULING AND INDIVIDUAL MEETINGS – The staff at The Racquet Club and the SPTC staff are committed to providing training, playing opportunities, and individual meetings to all participants to ensure that the goals set forth by each player are approached in an organized and intentional fashion. Individual meetings regarding tournament and training schedules will be conducted once a player has signed up for SPTC.

RAIN OR SHINE | MULTIPLE SURFACES – The RC is one of the top facilities if in the South. The privilege of playing at such a facility provides each player with the ability to play on THREE different surfaces (clay, hard, and indoor). The development of a player at all levels should include time on each surface, providing variety and different physical and tactical lessons. Additionally, times provided at the SPTC are RAIN OR SHINE. Each participant can count on achieving his/her hours on court every day.

COST – The staff at The RC has worked diligently to provide this summer opportunity at the most effective and efficient cost.

Many other advantages exist for each participant, and we want to ensure that each player participating in the SPTC has a fun, competitive, balanced and beneficial summer to the complete development of the individual not only as a tennis player, but as a person. Our staff is committed to making this the most enjoyable and fun-packed summer yet at The RC.

Please fill out the enclosed REGISTRATION FORM and return to the TENNIS OFFICE or THE SHOP, as space is limited. Do not hesitate to call the tennis office or contact one of the professionals for more information regarding SPTC. We are staffed and able to accommodate each player's specific needs. We look forward to an exciting 2011!

Warm Regards,

Peter Lebedevs, Director of Tennis

Michael Chamberlain, SPTC Director

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SPTC DATES

MAY 30TH

***(ALL GROUPS COME 11:00 - 1:00 PM)
(MEET COACHES & LIGHT HIT)***

MAY 30TH - JUNE 2ND

(STATE QUALIFYING PREPARATION)

JUNE 8TH - 10TH

JUNE 13TH - 16TH

(SOUTHERN CLOSED PREPARATION)

JUNE 22ND - 24TH

(SOUTHERN CLOSED WRAP-UP SESSIONS)

JUNE 27TH - JULY 1ST

JULY 5TH - 8TH

JULY 11TH - 15TH

JULY 18TH - 22ND

(RAIN SCHEDULE DUE TO GIRLS' 18 NATIONALS)

JULY 25TH - 29TH

AUGUST 1ST - 5TH

AUGUST 8TH - 12TH

AUGUST 15TH - 19TH

(AFTERNOON SESSIONS)

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GROUP SCHEDULE GUIDE

COMPETITION GROUP ONE

TYPICAL DAILY SCHEDULE

TENNIS TRAINING * 9:30 - 11:30 AM INDOORS

LUNCH BREAK * 11:30 - 1:00 PM

MATCH PLAY * 1:00 - 3:00 PM OUTDOORS

IF IT IS RAINING, MATCH PLAY IS 4:30 - 6:00 PM INDOORS

FITNESS TRAINING * 3:30 - 4:30 PM

COMPETITION GROUP TWO

TYPICAL DAILY SCHEDULE

MATCH PLAY * 8:30 - 10:30 AM OUTDOORS

IF IT IS RAINING, MATCH PLAY IS 8:30 - 10:30 AM INDOORS

BREAK * 10:30 - 11:30 AM

ATHLETE-APPROPRIATE SNACKS ARE BEING PROVIDED DURING THIS TIME.

TENNIS TRAINING * 11:30 - 1:30 PM INDOORS

LUNCH * 1:30 - 2:30 PM

FITNESS TRAINING * 2:30 - 3:30 PM

COMPETITION GROUP THREE

TYPICAL DAILY SCHEDULE

TENNIS TRAINING * 8:00 - 9:30 AM INDOORS

BREAK * 9:30 - 10:30 AM

ATHLETE-APPROPRIATE SNACKS ARE BEING PROVIDED DURING THIS TIME

MATCH PLAY * 10:30 - 12:00 PM OUTDOORS

LUNCH * 12:00 - 1:00 PM

FITNESS TRAINING * 1:00 - 2:00 PM

IF IT IS RAINING, MATCH PLAY IS 3:00 - 4:30 PM INDOORS

COMPETITION GROUP FOUR

DAILY SCHEDULE

TENNIS TRAINING & MATCH PLAY

MATCH PLAY * 12:00 - 1:00 PM OUTDOORS

TENNIS TRAINING * 1:30 - 3:00 PM INDOORS

IF IT IS RAINING, MATCH PLAY & TRAINING ARE 1:30 - 3:00 INDOORS.

REDUCED HOURS SCHEDULE

ON DAYS WHEN THE JUNIORS ARE RETURNING FROM TOURNAMENTS, THERE ARE REDUCED HOUR TRAINING DAYS AVAILABLE FOR ALL GROUPS WHICH WILL BE NOTED IN THEIR SCHEDULE.

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GROUP PLACEMENT GUIDE

ALTHOUGH ALL PLAYERS ARE PLACED IN GROUPS THAT ARE COMPETITIVE TO HIS/HER INDIVIDUAL LEVELS AND EXPERIENCES, BELOW IS A GENERAL OUTLINE OF THE GROUPS IN PLACE FOR THE SPTC, AND THE CRITERIA FOR EACH GROUP. EACH JUNIOR IS EVALUATED CONTINUOUSLY THROUGHOUT THE SUMMER TO ENSURE HE/SHE IS IN THE MOST COMPETITIVE AND EFFECTIVE GROUP IN ORDER TO MAXIMIZE EACH PLAYER'S FULLEST POTENTIAL. COACHES AT THE SPTC ARE COMMITTED TO PROVIDING THE HIGHEST LEVEL OF TRAINING AND COACHING TO ENSURE FULL DEVELOPMENT OF EACH PLAYER. PLEASE NOTE - PLACEMENT IN SPTC IS NOT BASED ON PLACEMENT IN ACADEMY AND VICE-VERSA.

COMPETITION GROUP ONE

**16'S AND 18'S NATIONALLY-RANKED PLAYERS
16'S AND 18'S SECTIONALLY-RANKED PLAYERS &
14'S NATIONALLY-RANKED PLAYERS**

COMPETITION GROUP TWO

**12'S AND 14'S SECTIONALLY-RANKED PLAYERS
14'S - 18'S COMPETITIVE HIGH SCHOOL PLAYERS**

COMPETITION GROUP THREE

10'S - 14'S STATE-RANKED PLAYERS

COMPETITION GROUP FOUR

**BEGINNING TOURNAMENT PLAYERS
GENERALLY BETWEEN THE AGES OF 11 AND 15**

**OTHER GROUPS ARE UTILIZED TO ACCOMMODATE EACH PLAYER.
BEGINNERS UNDER THE AGE OF 12 ARE PLACED IN SEPARATE SESSIONS FROM OTHER
BEGINNER AGE GROUPS.**

PLEASE SEE THE SEPARATE ENCLOSURE FOR FURTHER INFORMATION.

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PRICING INFORMATION

GROUP	ENTIRE SUMMER		WEEKLY		DAILY	
	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
COMP GROUP ONE	\$1,975	\$2,500	NA	NA	\$65	\$95
COMP GROUP TWO	\$1,975	\$2,500	NA	NA	\$65	\$95
COMP GROUP THREE	\$1,650	\$2,000	NA	NA	\$50	\$80
COMP GROUP FOUR	\$1,400	\$1,800	\$195	\$285	NA	NA

BEGINNERS

AGES ONLY (4-6), (7-8), (9-10)
PLEASE SEE SEPARATE INSERT

EARLY BIRD FULL SUMMER DISCOUNT PACKAGE

PAY FOR THE ENTIRE SUMMER UP-FRONT BY APRIL 1ST AND RECEIVE A 10% DISCOUNT
LOWER HOURLY RATE THAN THE HOURLY RATE ASSOCIATED WITH THE DAILY PRICE

PRICING & PAYMENT

THERE ARE THREE DIFFERENT PRICING OPTION AVAILABLE FOR THE SUMMER TRAINING CENTER. EACH PRICE INCLUDES TENNIS TRAINING, MATCH PLAY & FITNESS TRAINING, AS WELL AS SNACKS AND ACCESS TO THE TENNIS-FRIENDLY DISCOUNT LUNCH MENU IN THE PUB AT THE RC.

VARIOUS PAYMENT PLANS YOU WANT TO USE:

EARLY BIRD ENTIRE SUMMER DISCOUNT PAYMENT (BILLED IN APRIL)

ENTIRE SUMMER NON-EARLY BIRD (BILLED ONCE IN JUNE)

ENTIRE SUMMER 6-MONTH PLAN (BILLED OVER 6 MONTHS MARCH-AUGUST)

ENTIRE SUMMER 3-MONTH PLAN (BILLED OVER 3 MONTHS MAY-JULY)

PAYMENT FOR SPECIFIC DATES (WEEKLY AND DAILY RATES)

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2011 SPTC REGISTRATION

JUNIOR'S NAME: _____

PARENTS/GUARDIANS NAMES: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL: _____

PLEASE CHECK THE TIME PERIOD FOR WHICH YOU ARE REGISTERING:

ENTIRE SUMMER

SPECIFIC DATES/WEEKS

(PLEASE INDICATE THE DATES/WEEKS HERE:)

PLEASE CHECK THE PAYMENT PLAN YOU WANT TO USE:

EARLY BIRD ENTIRE SUMMER DISCOUNT PAYMENT (BILLED IN APRIL OR MAY)

ENTIRE SUMMER NON-EARLY BIRD (BILLED ONCE IN JUNE)

ENTIRE SUMMER 5-MONTH PLAN (BILLED OVER 5 MONTHS APRIL-AUGUST)

ENTIRE SUMMER 3-MONTH PLAN (BILLED OVER 3 MONTHS MAY-JULY)

PAYMENT FOR SPECIFIC DATES (INDICATED ABOVE)

PLEASE CHECK THE METHOD OF PAYMENT YOU WANT TO USE:

R.C. MEMBER #: _____

RECIPROCAL CLUB # (INDICATE CLUB & #): _____

CASH

CHECK

CREDIT CARD

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____